



Wallaby Whisper



The newsletter for Wallabadah Public

School & its community

“Excellence in Learning”

Term 1 Week 11 - 11th April 2025

Welcome to week 11 and thank you for a wonderful TERM ONE!

As an educator, I enjoy reading evidence based research around education, student growth and development, mindset and social wellbeing. This week I came across a paper titled *Thrive with Five*. The partnership between leading pediatrician Professor Frank Oberklaid from the Murdoch Children's Research Institute and the Australian Primary Principals' Association has led to the publishing of *Thrive with Five*.

In the first 1000 days of a child's life, their brain grows really fast. Every time they see, hear, or touch something, it helps their brain make new connections. Eating healthy food and getting good sleep are very important because they help the child grow strong. When parents show love and care, it helps the child feel safe and learn to trust others. Playing and exploring help children learn to talk and become curious, which makes learning easier as they get older. Families benefit from a supportive community, ensuring both they and the child thrive. Our school is part of a supportive community, and we want to partner with families to shape a lifetime of benefits for every child.

I would like to share with you the important five: *play, talk, read, eat well and sleep*.

PLAY: Play is good for babies, toddlers and young children. It can happen anywhere and be fun for all. Make time to play with your child, including outside and inside play. Play develops key motor skills like running, balancing, throwing and catching. Play helps develop game skills, follow instructions, take turns, share and build resilience. As well as having fun, children increase flexibility, muscle strength and fitness, creativity and imagination.

TALK: Talk with your children to build their speaking and language skills. Through conversations they increase their word vocabulary, pronounce words better, understand instructions and develop imagination and knowledge about the world around them. Here at Wallabadah we run a weekly Speech program to support parents and students with this, and we know that developing oral language skills help children to read.

READ: Reading with, and to your child sets up attitudes and behaviours for later learning. Modelling reading to, influences your child's reading habits. Reading is more than books; it's reading the cereal box, signs, magazines and promotion material. Through books, children boost their imagination, creativity and knowledge.

EAT WELL: When children eat well they have energy for learning and play. They concentrate better and achieve more. Limiting your child's sugar intake, drinking water and ensuring plenty of fresh food sets up the right habits for later in life. Eating well yourself is the best way to influence your child's attitude to eating.

SLEEP: Children need sleep to give their bodies and mind a chance to rest and grow. Limiting screen time and putting in place routines and behaviours for a good night's sleep, will see your child more alert and ready for the day. Model the behaviour you would like to see in your house to support your children and show them that sleep is super important. Children aged between 3-5 years need 10-13 hours of sleep a night and our Primary aged children need between 9-11 hours per night.

Set yourself a challenge over the holidays and see how many of the 5 your family can focus on!

Have a safe and happy Easter holiday, if travelling away, drive safely and enjoy creating happy family memories!

Johanna Teague

Principal

Merit Award System

At Friday assemblies, students are awarded Merit Certificates, School Captains' Award and Library Awards. Children retain their awards at home and once they have **four**, they bring them back to school for a Wallaby Award.

When they have **three** Wallaby Awards they bring them in and receive a Merit Badge. All awards are stamped and returned.

Four Merit Awards=One Wallaby Award

Three Wallaby Awards=One Merit Badge

Please note birthday awards and sport ribbons are not included.

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AWARDS

Mrs Saunders

Week 9:

Bonnie Pine– excellent counting backwards from 20.

Evie Baddeley– working hard, completing set tasks on time.

Morgan Phillip– excellent work when decoding words.

Week 10:

Lane Jones– showing great pride in his handwriting.

Felicity Pine– always completing work with detail.



Wallaby Award

Congratulations to the following students

Sophie Bagshaw, Henry Rees, Will Bagshaw, Maycee Litchfield, Nate Barnett for receiving their Wallaby Award.



Mrs Cudmore

Week 9:

Henry Rees– a more positive attitude in all areas. Well Done! Keep it up, Henry.

William Bagshaw– consistently persevering with set tasks. Great Work!

Maycee Litchfield– greater confidence and a willingness to contribute to class discussion. Great work!

Week 10:

Vivian Bailey– a great start to our unit on fractions.

Lilyth Rumbel– great contributions during discussions and a positive outlook.

Mrs Teague

Week 9:

Will Bagshaw– a mature approach to learning.

Maycee Litchfield– persevering in Mathematics.

Week 10 :

Sean Musty– reading with great expression and energy.

Bodie Walters– great leadership in the playground.

Mrs Roseby

Week 9:

Maycee Litchfield– fantastic work about the Pandanus tree.

Vivian Bailey– excellent knowledge about Australia.

Week 10:

Nate Barnett– a fantastic report on Rottnest Island and Quokkas.

Bella Jones– very clever work in Comprehension.

Congratulations to the following students for their Library

Awards:

Maycee Litchfield, Henry Rees, Lilyth Rumbel, Eli Phillip, Will Bagshaw, Nate Barnett, Bonnie Pine, Bella Jones, Carter Litchfield, Lane Jones, Felicity Pine, Evie Baddeley, Jacob Street, Connor Hughes, Xavier Skelly, Vivian Bailey, Reva Liddle, Rocky Liddle



School Captains' Award

Week 9: Felicity Pine– for being an excellent friend and taking care of others.

Week 10: Timothy Lay– always has a smile and a great attitude towards school.





Netball

Thank you to Tina from Netball NSW for coming and teaching our wallabadah children netball. They have all enjoyed learning a new sport.



Soccer Gala Day

Our 3-6 children travelled to Tamworth to participate in the Soccer Gala Day. They had a fantastic day. Thank you to Mrs Teague and Mr Smith for coaching the teams.



Cross Country Champions 2025

Juvenile Girl Champion: Sophie Bagshaw
 Juvenile Boy Champion: Carter Litchfield
 Junior Girl Champion: Mackenzie Payne
 Junior Boy Champion: Henry Rees
 Senior Girl Champion: Reva Liddle
 Senior Boy Champion: Vivian Bailey

Runner Up: Bella Jones
 Runner Up: Ted Ingall
 Runner up: Felicity Pine
 Runner Up: Nate Barnett
 Runner Up: Maycee Litchfield
 Runner Up: Bodie Walters

Cross Country

Congratulations to all the students on an amazing effort. You all should be very proud of yourself! Thank you parents, carers, family members and friends for coming along to support the students.



ANZAC DAY

On the 25th of April we celebrate Anzac Day and each year we encourage our students to join us and march at the Anzac Day Parade in Quirindi. If your child/children are able to attend the march, please meet Mrs Teague dressed in full winter school uniform. Please note girls are to wear white socks.

WHERE: Quirindi Post Office

DATE & TIME: Friday 25 April, 2025 at 10.45am



COMING UP EVENTS IN WALLABADAH.

- 18th April, 2025 till 23rd April, 2025 – Wallabadah Hotel will be closed.
- 24th April, 2025 – Red Cross Mother's Day Raffle at IGA, Quirindi.
- 25th April, 2025 – Wallabadah Hotel – "Two-up" in the beer garden, spit roast, drink specials, live music and more!
- 29th April, 2025 - Ooranga Wallabadah Playgroup, 10.00am to 12.00pm, Wallabadah Hall, Martyn Street, Wallabadah.
- 7th May, 2025 - Wallabadah Hotel -Trivia Night
- 9th May, 2025 - Red Cross Mother's Day Raffle at IGA, Quirindi.
- 11th May, 2025 – Wallabadah Hotel – Mother's Day Luncheon. Live music with Snape & Son. Book a table.
- 13th May, 2025 - Ooranga Wallabadah Playgroup, 10.00am to 12.00pm, Wallabadah Hall, Martyn Street, Wallabadah.
- 17th & 18th May, 2025 – Wallabadah "How It Was" at the Wallabadah Racecourse.
- 4th June, 2025 - Wallabadah Hotel -Trivia Night
- 10th June, 2025 - Ooranga Wallabadah Playgroup, 10.00am to 12.00pm, Wallabadah Hall, Martyn Street, Wallabadah.
- 24th June, 2025 - Ooranga Wallabadah Playgroup, 10.00am to 12.00pm, Wallabadah Hall, Martyn Street, Wallabadah.

IF THERE IS ANY INCORRECT INFORMATION IN THESE DATE – PLEASE CONTACT ME DIRECT VIA MY EMAIL. THIS IS A COMMUNITY ANNOUNCEMENT OF EVENTS. INFORMATION PROVIDED BY THE COMMUNITY FOR THE COMMUNITY. Glynis Wheeler

YOUTH WEEK

9-17 APRIL 2025

SPORTS FUN DAY

15 APRIL 2025

Special Guest - Robbie Farah - NRL Legend



Liverpool Plains
Shire Council

10AM-12 NOON – LONGFIELD PARK, QUIRINDI
1PM-3PM – DAVID TAYLOR OVAL, WERRIS CREEK

FREE SAUSAGE SIZZLE PROVIDED!

Reminders/Save the Date

- 25th April-Anzac Day Parade in Quirindi.
- 28th & 29th April Staff Development Days.
- Wednesday 30th April–Students return–Term 2.
- Tuesday 6th May– 3-6 Multicultural Public Speaking. Students will present their speeches. A time table will be sent home.
- Friday 9th May– UNE Science Voyager visit–More information to come.
- Tuesday 13th May–GRIP Leadership –Year 6. Permission notes available next term.
- Tuesday 20th May– School Photos. Information will be sent home next term.

PLAYERS NEEDED

Werris Creek Minor League is looking for players to add to the following teams.

- ✓ Under 6's
- ✓ Under 9's
- ✓ Under 11's



CONTACT US

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Wallabadah Public School 2025—Term 1

WEEK:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
TERM 2	28	29	30	1	2	3/4
Week 1 April/May	SDD	SDD	Students return Term 2		General Assembly	
Week 2	5	6	7	8	9	10/11
		3-6 Multicultural Public Speaking			UNE Science Voyager	